

Welcome!



Girls Leading Our World

HER FUTURE IN HER HANDS



April 6, 2024 | 11am-3:30pm

Montgomery College Takoma Park/Silver Spring
Campus | Catherine F. Scott Commons

WELCOME LETTER FROM THE EXECUTIVE DIRECTOR

Welcome to the 9th Annual Community Bridges Career Summit, GLOW "Girls Leading Our World"! On behalf of Community Bridges, I am excited to extend a warm welcome to each one of you.

Today marks a special occasion where we come together to explore diverse career paths through engaging workshops and activities. At Community Bridges, our mission is to empower girls from all backgrounds to excel academically, lead with positivity, and embrace wellness.

This summit provides a nurturing environment where every girl is encouraged to learn, grow, and embrace leadership. I urge you to make the most of today by taking advantage of the workshops, networking opportunities, and resources available to you. You'll have the chance to hear from inspiring women and connect with peers from across Montgomery County.

Remember, active participation is key to making this experience truly enriching. Dive into the program, ask questions, take notes, connect with others, and discover your passions that ignite your desire to contribute meaningfully to today's events.

Wishing you a day filled with learning, inspiration, and empowerment!

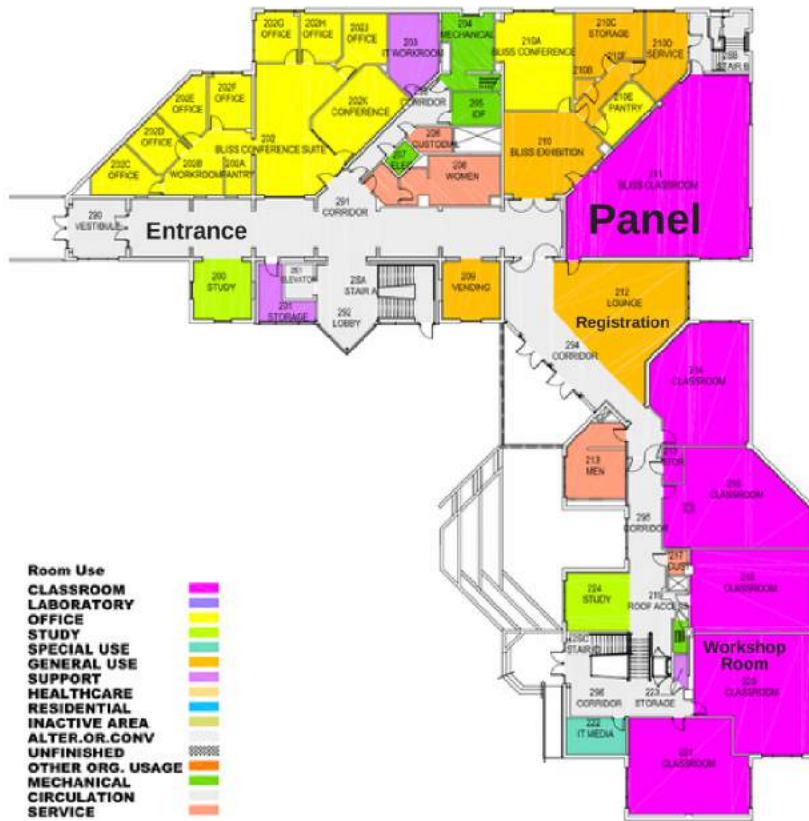
Sincerely,
Shannon Babe-Thomas
Executive Director, Community Bridges, Inc.



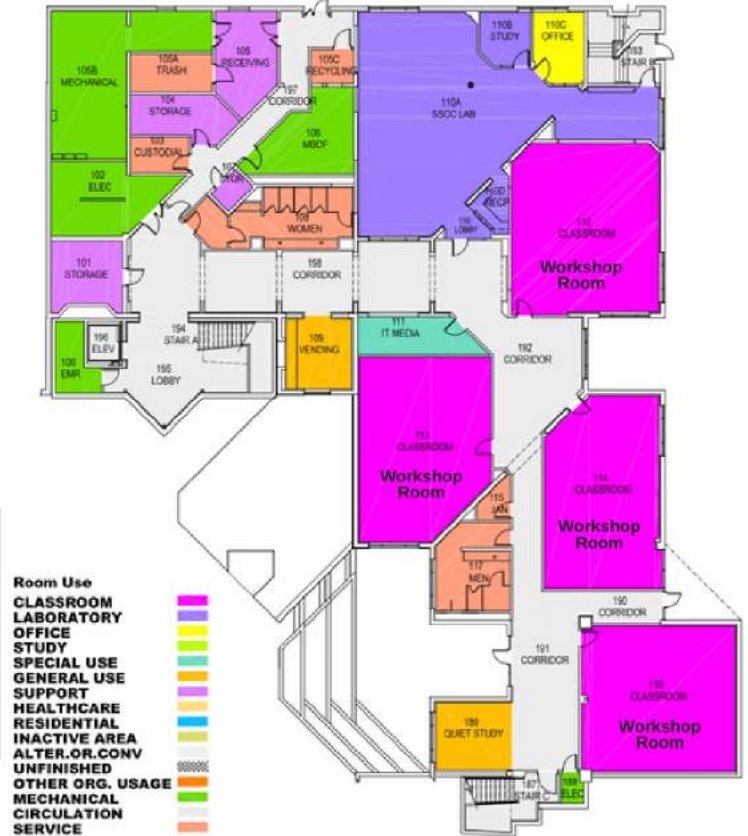
Shannon Babe-Thomas joined Community Bridges as the Executive Director on June 7, 2016. Shannon is an incredibly loyal nonprofit leader with over 20 years nonprofit experience. Shannon is a civic leader and believes in being involved in her community. Shannon serves on the Nonprofit Montgomery Board, the Committee for Montgomery Board, and the Montgomery Women Board where she is currently secretary. Shannon is the President of the Rotary Club of Downtown Silver Spring, graduate of the Leadership Montgomery 2018 Core Class, and served on the transition team for County Executive Elrich. Shannon graduated from Towson University in 2002 with a BS in Communications and a participant of the Stanford Executive Program for Nonprofit Leaders in 2023.

CONFERENCE MAP

MAIN FLOOR



BASEMENT FLOOR



WORKSHOP BLOCK 1 • 1:10PM - 2:10PM

- Empowering Women: Unveiling Success in Financial Management!** • Room 112
Claudia Good
- Arts Management 101: Bringing Arts to Life** • Room 113
Madeline Garland
- Career Journey: Unexpected Advocacy and Unexpected Leadership: The Unfolding of a Unique Career Path!** • Room 114
Dr. Daryl Thorne
- Careers in Cosmetic Science** • Room 116
Chanel Person
- Kulture Shock Movement** • Room 220
Anastasia Akuffo-Afful

WORKSHOP BLOCK 2 • 2:15PM - 3:15PM

- Mindfulness Bracelet Making with Miss Montgomery County 2024** • Room 112
Sterling Wilmer
- Start Your Scene: Girls Crafting Careers in Film and TV Now** • Room 113
Thea Washington
- Working for United Airlines: Above, On and Below the Wings** • Room 114
Patricia Mundo

LUNCH and RESOURCE FAIR will be in the Student Services Center

SCHEDULE

10am - 11am	Registration / Initial Raffle	Lobby
11am - 11:15am	Welcome & Introduction	Room 211
11:15am - 12pm	Panel	Room 211
12pm - 1pm	Lunch & Resource Fair	Cafeteria
1:10pm - 2:10pm	Workshop Block 1	Check pg. 4
2:10pm - 2:15pm	Transition	
2:15pm - 3:15pm	Workshop Block 2	Check pg. 4
3:15pm - 3:30pm	Awards, Raffle and Closing Remarks	Room 211



WORKSHOPS AT A GLANCE

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PANELISTS & SPEAKERS

Will Jawando | Montgomery County Councilmember | PANELIST



Councilmember Will Jawando is an attorney, activist, and community leader with a lifelong dedication to public service. His career has been crafted by a unique combination of grit, compassion, and integrity. Born in Silver Spring, Maryland to a Nigerian father and white Kansan mother, Will's bi-racial identity gave him an appreciation for the varied experiences life in America can bring. Raised in a low-income household, he was determined to secure a successful future for himself through the pathway of education. When he was a teenager, tragedy struck when one of his best friends was killed in a senseless act of gun violence. The aftermath of this ordeal would be the catalyst that would solidify Will's commitment to becoming an agent of change through public service. With unwavering dedication, he earned a B.A. in Sociology from Catholic University of America and completed his J.D. from their prestigious Columbus School of Law. While attending Catholic University, he started the first NAACP chapter on their campus - a move that would chart the course for his burgeoning career in law and politics.

Dr. Cyndie Shadow | Campus President | Fortis College | PANELIST



Dr. Cyndie Shadow is fully committed to the ideas of employee engagement and servant leadership. After completing her Walden dissertation on the perils of disengaged employees in career focused higher education and the negative impact that those perils can have on social change, she has become even more focused on identifying avenues that allow leaders to drive engagement through knowledge management and service. Dr. Shadow is especially dedicated to workforce development because she has seen how it can be a pathway into steady employment for so many people who have few other options. She earned her bachelor's degree in Political Economy at Princeton University, her MBA in corporate finance at Golden Gate University and her Ph.D. in knowledge management at Walden University. Her current responsibilities, as president of a small Health Sciences College, include collaborating with state and local workforce development agencies to assist career college students with making the transition from college-based externship to full time employment opportunities.

Cyndie resides in the Washington, DC metropolitan area where she is an active Rotarian and a lifetime member of Delta Sigma Theta Sorority, Inc. In her spare time, she enjoys playing with her dog, motorcycling with her husband and wine tasting with her friends.



Maya Smith, REALTOR® | Sales Associate, Coldwell Banker Realty | PANELIST

Born and raised in Rochester, NY, Maya brings a unique blend of corporate retail expertise and entrepreneurial spirit to the Maryland real estate market. A graduate of Hampton University with a Bachelor of Science in Marketing and a Minor in Leadership Studies. Maya further honed her business skills with an MBA from St. John Fisher College. After 13 great years working at Wegmans Food Markets, from frontend cashier to Wegmans Brand Product Manager, Maya took a leap of faith and transitioned into real estate, becoming a Maryland Realtor.

Leveraging her background in building connections and exceeding client expectations, Maya helps her clients navigate the real estate journey with confidence. When she's not guiding her clients to their dream homes, Maya enjoys giving back to the community through her sorority, Alpha Kappa Alpha Sorority Inc. and the Downtown Silver Spring Rotary Club. An avid traveler and reader, Maya also embraces culinary adventures and cherishes quality time with loved ones.



Jamila Marcus Potter M.D. | Silver Spring Pediatrics | PANELIST

Dr. Marcus joined Silver Spring Pediatrics in June 2016. She graduated from Spelman College with a degree in Biology. Dr. Marcus received her medical degree from Howard University College of Medicine and earned pediatric departmental honors. Dr. Marcus completed her pediatric internship at Emory University and her pediatric residency at Johns Hopkins University, finishing in 2008.

She and her family live in Silver Spring. Dr. Marcus enjoys Friday night movie night with her family, listening to 1960s and 1970s soul and jazz music, reading poetry, and taking scenic road trips with family and friends



Shanell Mosley | Director of Community Relations & Executive Director of the D.C. United Foundation at D.C. United | PANELIST

Shanell is Director of Community Relations and Executive Director at the D.C. United Foundation where she oversees the organization's community and social responsibility strategy and team to help make the DMV a better place for future generations to come. She formerly served as Deputy Director of Sports Partnerships at UNICEF USA where she managed relationships with US sports leagues, teams and professional athletes dedicated to educating, advocating and fundraising to help the world's most vulnerable children. With over 14 years in the sports philanthropy space, it is her personal mission to create social change and positive impact using sports. Shanell received her Bachelors from Bentley University, Masters from Northeastern University and Sports Philanthropy Certificate from George Washington University. Shanell also serves on faculty for the Sports & Entertainment Impact Collective and is a board member for the Bentley MOSAIC Alumni Council and DC SCORES.



Claudia A. Good, CPA | Senior Vice President and Chief Financial Officer, Donohoe Commerical Real Estate

"Empowering Women: Unveiling Success in Financial Management!" - Room 112

Claudia Good is the Senior Vice President and Chief Financial Officer of Donohoe Commercial Real Estate and Borger Residential. She is responsible for managing all accounting operations and leading a seasoned team of accounting professionals in all aspects of the companies' corporate and client financial reporting. This includes monthly financial statement preparation and analysis, budgeting & forecasting, audit/tax function oversight, billing and collections, accounts payable, and cash flow management. In addition, she is responsible for overseeing the Payroll, Commercial/Residential Lease Administration, and Information Technology departments.

Claudia is a CPA licensed in the state of MD and brings over 25 years of accounting and leadership experience in the commercial and residential real estate field. She is well versed in all aspects of business planning, process improvement, technology integration, and financial analysis. She is a member of the MACPA and AICPA.



Madeline Garland | Community Engagement and Education Fellow
"Arts Management 101: Bringing Arts to Life" - Room 113

Madeline Garland is a skilled facilitator of human experiences, adept in both the arts and community leadership. She is dedicated to uniting people to savor life's pleasures, drawing from her background in social work and arts management. As a classically trained ballet dancer, Madeline not only embodies the art form but also excels in imparting her passion to young students. She demonstrates her exceptional management skills through her various roles contributing to the success of arts organizations in the DMV. Madeline's adept leadership enriches the lives of those she touches, creating harmonious spaces where people thrive. Madeline currently serves as a fellow at the Strathmore in their Community Engagement and Education department while she finishes her Master's degree at American University.



Anastasia Akuffo-Afful | Founder and CEO, Kulture Shock Movement
"Kulture Shock Movement" - Room 220

Anastasia is of Ghanaian descent, born in the United States, but with her strong and rooted upbringing in the West-African culture and its traditions and customs, she cultivated and shaped her love for the beauty in dance. Anastasia is a Public Health graduate with a concentration in Global and Child Health issues. However, her strong passion for making a difference in the world through community work, health awareness and dance, she has managed to create programs that encompass the importance of physical, mental and emotional health alike all while having fun.

Ms. Akuffo-Afful, prides herself on the simplicity of movement and performing from the rhythm of her hearts desire. "Let the music move you!" she exclaims. She has had 20 plus years of dance experience with a background in ballet, contemporary, jazz, modern, West-African traditional and Afrofusion(Carribean, Cuban and West-African modern day dance styles) dance. From a theatrical approach, she loves the addition of acting in her choreography because It adds a certain flare and a different perspective on how else movement can be perceived.



Chanel Person | The Formulation Bar
"Careers in Cosmetic Science" - Room 116

Chanel is a Cosmetic Chemist and owner of two innovative ventures, Marie Methods and The Formulation Bar. She has a Bachelor of Science degree in Chemistry from Hampton University and a Master of Business and Science degree in Personal Care Science from Rutgers University. Recognizing the growing demand for experiential beauty education, Chanel introduced The Formulation Bar, an innovative concept where enthusiasts can indulge in the art of crafting their own beauty products. Through engaging classes and workshops, held both privately and in corporate settings, Chanel empowers individuals to explore their creativity while learning the science behind cosmetics.

For Chanel, the essence of her work lies not only in formulating cosmetics but also in fostering meaningful connections with her customers. She takes pride in providing an educational and enjoyable experience, guiding clients through the process of transforming their ideas into tangible products that resonate with their unique identities.



Dr. Daryl Thorne| Assistant Dean for Well Being, School of Medicine, USUHS
"Career Journey: Unexpected Advocacy and Unexpected Leadership: The Unfolding of a Unique Career Path" - Room 114

Dr. Thorne is the Assistant Dean for Well-Being, in the School of Medicine, at Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She has an EdD in Counseling Psychology and is a licensed clinician in the state of Maryland. Dr. Thorne's career journey took many interesting detours but all roads lead to teaching and healing in some form. Dr. Thorne began her professional career in education and counseling as a certified school counselor in the Montgomery County Public School System, in Maryland, where she worked for 12 years. Shortly after completing her doctoral degree, she became a licensed clinical counselor and worked as an adjunct professor at a local university while building a private practice. Along the way, Dr. Thorne became a Reiki level III practitioner.

Always giving of her time in some form, Dr. Thorne continues to volunteer her time for the betterment of the community, at large, without expectation. This includes her continued work with her local civic association, sorority, and informal mentoring of former students.



Sterling Wilmer | Miss Montgomery County 2024

"Mindfulness Bracelet Making with Miss Montgomery County 2024"- Room 112

Sterling is a mental health nurse and Towson University Clinical Professor who has just completed her first semester at The Johns Hopkins University School of Nursing. Sterling is obtaining her Doctorate of Nursing Practice with double specializations in Psychiatric Mental Health Nursing Practice and Nursing Education. Sterling has most recently acquired the opportunity to be a 2023-2024 Fellow for Health Policy and Media at the George Washington University Institute for Health Policy and Media passionate about mental health equity and policy. As a current local Miss America title holder she is able to continue to spread the word about her community centered mental health initiative, "Holistic Hands" through the use of social media and her most recent TedXTalk held at Johns Hopkins University.

Thea Washington | Casting Director

"Start Your Scene: Girls Crafting Careers in Film and TV Now"- Room 113

Thea Washington is a Baltimore native and a prominent Casting Director, Producer, and Consultant in the Baltimore, DC, and VA metropolitan area, specializing in film, television, commercials, and new media. Her expertise has led her to work with prestigious networks and platforms, including HBOMAX, Netflix, Marvel, and Apple TV, contributing to the diversity and richness of content across the industry.

As a member of the Casting Society of America (CSA), Thea has made significant strides in her field, particularly in her hometown, where her work on HBOMAX's "We Own This City" stands out as a career highlight. Collaborating with esteemed colleagues like Grant Wilfley and Allison Hall, Thea played a pivotal role in creating over 3,000 job opportunities for background actors in Baltimore, reflecting her deep commitment to her community and her passion for nurturing local talent.

In addition to her professional achievements, Thea is a dedicated mom and fiancée, balancing her career with her personal life with grace and commitment.

Passionate about empowering women, the next generation of filmmakers, and people of color both in front of and behind the camera, Thea's work is a testament to her dedication to creating inclusive, diverse opportunities in the creative sector.



Patricia Mundo | United Airlines

"Working for United Airlines: Above, On and Below the Wings" - Room 114

Patrica Mungo is the Customer Service Representative and Service Director for Dulles International Airport and Reagan National Airport for United Airlines. Patricia has worked for United Airlines for over 29 years. Patricia received her Bachelors in Business Administration from Trinity Washington University and her Associates from Cipriani College of Labour & Co-Operative Studies at the University in Trinidad and Tobago.



6 NETWORKING TIPS FOR STUDENTS

1 SET THE GROUNDWORK
Start networking before you even need to. Connect with professors at school, supervisors at work or internships, classmates and colleagues, and other professionals in your community.

2 DON'T FOCUS ON YOUR PERSONAL AGENDA
Successful networkers build genuine relationships and give more than they receive. They actively listen, ask open-ended questions, and offer to help when they're able.

3 TREAT EVERYONE WITH RESPECT
If you think someone is "just" a clerk or assistant, you risk getting a reputation for acting entitled. Everyone has a unique view on their industry or profession that may help you in yours.

4 AIM FOR TWO CONNECTIONS EACH SEMESTER
Setting attainable networking goals, like this one, helps you see your progress and keeps you invested. Plus, think of how many contacts you'll acquire before you graduate!

5 KEEP IN TOUCH
Touch base with your connections regularly, ask them what's new, and share your updates. They'll remember you and think of you when opportunities arise.

6 USE PROFESSIONAL SOCIAL MEDIA SITES
Building, maintaining, and actively using networking platforms like LinkedIn, MeetUp, or Handshake can help you develop industry knowledge and even find jobs.

Community Bridges would like to thank our 2024 Career Summit participants from the following schools:

Albert Einstein High School
Bethesda Chevy Chase High School
Eastern Middle School
Gaithersburg High School
James Hubert Blake High School
John F. Kennedy High School
Montgomery Blair High School
Northwood High School
Paint Branch High School
Springbrook High School
Walter Johnson High School
George Washington University Online High School
The French International School, Rochambeau

Thank you to our sponsor:

MC MONTGOMERY COLLEGE